



“How do you react when bad things happen?”

Key Verse: John 11:25

With each section, there will be an ‘age rating’. This is in no way meant to be a deterrent for trying it with kids who aren’t in that age range. Please feel free to do any of the activities with any age group. This is just the general age in mind while writing that section.

Age Rating Guide:

Young: Lambs-TK	Middle: 1 st and up	Old: 3 rd and up
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****You by no means have to follow the order I put these activities/sections in. There’s no right or wrong order to do them-I really have to rhyme or reason behind the order I listed them!**

Video: (all ages)

<https://www.youtube.com/watch?v=fqs7tJWb8OQ>

Video Question: How do you respond when things seem impossible?

- You can discuss this question after you watch the video, otherwise it is included below in the list of discussion questions after the story.

Story: Exodus 7:14-12:32 (all ages)

This is the story of Moses. The passage/verse numbers vary a bit on where to begin & end as it’s such a long passage. You can read it from a Bible, otherwise this video does a great job of recapping the story.

<https://www.youtube.com/watch?v=rzcYLCYItuc>

*If you’re really looking for something fun to watch (albeit longer), the movie “Prince of Egypt” is available to stream on Hulu!

Story recap: (all ages)

I always find that having kids try to retell the story after hearing is a great way to help them remember it. Try asking them to summarize, and feel free to use the following as a sort of guide if needed.

- Moses was born, but the law of Egypt said that no Hebrew babies that were boys were allowed to live. So in order to try and save Moses, his mother put him in a basket and set him in the river.

- The daughter of Pharaoh found Moses, adopted him as her own and he grew up as an Egyptian son rather than a Hebrew one.
- Moses ran away from home after doing some not so great things, but while he was away God came to him through a very crazy scene. He set a bush on fire and spoke through it! And what's crazier? The bush didn't burn!!
- God commanded Moses to go back to Egypt and set the Hebrew people free from slavery.
- Pharaoh did not want to let the people go, God sent down 10 plagues so that everyone could see how mighty and powerful He is. Finally, God softened Pharaoh's heart and Pharaoh let the Hebrew people leave.
- But that didn't last long. Pharaoh regretting his decisions and chased after the Hebrew people. They caught up quickly and pretty soon the only thing standing between freedom and the Hebrew people was the red sea.
- Moses called upon God to help them, and God parted the sea with a great wind! The Hebrew people were able to walk right through the sea, and just as they got through and the Egyptians were beginning to chase after them in the sea, God closed the sea. The Hebrews were safe and could go on to the promised land! (Although it did take them 40 years).

Discussion: (middle)

- In the So & So Show, John, Brandon, and Kellen talk about what it's like to be faced with something impossible. What's something you can think of that's impossible?
- Do you know what a miracle is?
- Have you ever seen a miracle?
- Can you remember any other Bible stories where there are miracles? Name as many as you can!
- What does it mean to have courage?
- When something feels impossible, we are often called to take courage, face our fears... have you ever had to do that? What did it look like? How did it feel?

Digging a bit deeper: (middle/old)

Read: Joshua 1:9b "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

We can take courage because we aren't facing our challenges alone. God, the creator of the universe, the all-powerful One, is right here with us. He's not far off and uninvolved. When we don't know what to do, he does. He's never tired, never weary, never takes a break. It can be incredibly hard to have courage right now. But I bet if you look at your actions every day, you'll see that you're doing it. Think about your day...

Did you.... Stay home? Make it through a day of homeschooling? Distance yourself from the outside world in order to prevent the spread?

All of that takes courage. It takes courage to listen to the advice of the health professionals in our community/country/world. It takes courage to sacrifice your daily routine in order to do what's best for your neighbors. It takes courage to BE a good neighbor!

Spend some time thinking of ways you and your family can continue to be courageous right now. Maybe you can make a plan for doing 1 courageous thing every day. It doesn't have to be a huge. It could be as simple as trying a food you've never tried before. It could be letting go of the reigns and letting the kids teach the parents. It could be letting go of trying to 'get back to normal' and just living into the 'new normal' by setting

up some new routines. Whatever it is, just remember that at the root of courage is trust! So, trust in God and trust in the people God is equipping to get us all through this!

Game (all ages)

Lego Masters

Requirements: At least 2 people and Legos or building pieces of any kind. You could get creative and use everyday items around the house.

The goal: To have some fun, get the creative juices flowing, and talk about how sometimes new things can be a little scary.

The game:

Set up: Collect your building materials/Legos. You'll need to split them up into two groups, making the groups as equal as possible. So if you're using Legos, you'd have the same number of pieces in each group. Build two identical (or as close to identical as you can get) with the respective Legos/items.

Then have the kids/family split into two teams (or take turns) building something new using only the materials used in that building. You can time it if you want... don't let the other team/person see what you're building until time is up. Then compare and see what you both came up with!

After game discussion/questions:

-Were you excited to build something new?

-Was it hard to come up with an idea for what to build from something that was already 'built'?

—Right now, we're all trying to take what we know (our routines/schedules, normal lives) and rebuilding it. We're trying to come up with a way to do school and church and life differently. Sometimes it's hard to figure out how to do it, sometimes it's easy. Sometimes we'll fail and not be able to build anything, sometimes we'll get it just right! The only thing we can do right now is be patient, try our best, and be okay with having to try again and again until we get it just right.

Song (all ages)

Feel free to play/sing/dance along to this song! I bet most of you know it!

<https://www.youtube.com/watch?v=06KmoC6bJwQ>

Another song: Be Bold, Be Strong

<https://www.youtube.com/watch?v=zRvCUz6KFB4>

This one may be less known, we have done a similar version at VBS for few years, feel free to make up actions as a family! It's a pretty fun song!

Activities: (young/middle/all ages)

Parting the Red Sea (of milk)

Required Supplies: <ul style="list-style-type: none">-Plate with at least a little bit of a lip around it-a bit of milk-liquid food coloring (ideally red, but any color will do)-dish soap-q-tips	Steps: <ul style="list-style-type: none">-Put a small layer of milk on the plate-Add drops of red food coloring (or other color) to milk. You want there to be a pretty decent sized circle of color in the middle of the milk-Then take a q-tip dipped in dish soap and dip it in the middle of the food coloring and watch the colors go crazy.
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*This is again, a bit silly of an experiment. But it's cool to see the color move the way it does. It's fun to imagine the way the sea must have been moving when the winds blew it away.

Coloring Pages: (all ages)

If you are able to print, here is a link to some free coloring pages!

<http://www.supercoloring.com/coloring-pages/christianity-bible/moses>

Prayer: (all ages)

It's important to always be praying- individually and together. Take some time to pray with and for each other. For more ideas on how to pray in different ways, click the link below or go to the children's ministry page on our website!

www.3cross.org/children

Interactive Portion: (all ages)

Last week's interactive portion was definitely a trial run! We're going to attempt to do it in a little bit differently. We're going to try using PollEverywhere this week. Here's the link:

<https://pollev.com/reagancolt186>

There's only one question to answer: How have you been courageous today?

CHALLENGE! CALLING ALL FAMILIES!

Having trouble figuring out what to do all day? Need something to help you be creative?

Why not make a video!

Choose a song or Bible story as a family and perform it! Maybe it's a song you guys really like and want to create actions for... Maybe it's a Bible story you love and want to act out as a skit. Maybe you want to make some sock puppets and do a puppet show!

Send me your videos and I'll work on sharing them with our Church on Youtube and who knows... maybe it'll even make it's way into one of our services! :)