

Theme of the day: Love and Trust Question of the day: What does it mean to trust God? Verse of the day: Proverbs 3:5 Key Story: Daniel 3 - Shadrach, Meshach, and Abednego Key take away: Trusting God is a huge part of living and loving like Christ. Know that when things get difficult or when we're unsure of what to do, we can always turn to God!

SO & SO SHOW

https://youtu.be/r8Z3wZvgTCc

The Question of the day comes from this video: "What does it mean to trust God?"

BIBLE STORY

Daniel 3 - Shadrach, Meshach, and Abednego

*You can read this out of a Bible, typically an NIV Bible is the easiest to understand if you're unable to find/use a Children's Bible. There are also a lot of video versions available online! The link below is to a Veggie Tales Episode that teaches this story.

https://youtu.be/kT-OEqC65L8

STORY RECAP

I always find that having kids try to retell the story after hearing is a great way to help them remember it. Try asking them to summarize it with you!

STORY & VIDEO DISCUSSION QUESTIONS

- Why were Shadrach, Meshach, and Abednego in trouble with the King?
- How did Shadrach, Meshach, and Abednego trust
- God in this story?
- Who do you trust?
- Why would God want us to trust him?
- What do 'love' and 'trust' have to do with one another? How are they connected?

VERSE OF DAY & LESSON

- **READ** Proverbs 3:5
- ASK What do you think this verse means?
- **SAY** A lot of times in our lives, we are faced with things that are difficult. It could be dealing with a sickness, or a disaster, or a big decision, or knowing what's right and what's wrong. We're faced with big situations in our lives and it can't be hard to know what to do in those situations. Luckily, as Christians we're able to trust in God to help us through those situations.
- **ASK** What might trusting God look like in different situations? Like when you're dealing with a sickness, or a disaster, or needing to make a big decision?
- **ASK** Can we only trust God when we're going through something difficult?

- SAY We can trust God in every situation we face. When we're happy, excited, nervous, confused, scared, bored, content... No matter how we're feeling or what's going on, we're able to trust that God is right next to us, experiencing everything with us.
- READ Parable of the Bleeding Woman and the Dying Girl (You can find this story in a Bible - Mark 5:21-42, or after the activity section of this document)
- **SAY** In this story we see two people have a TON of trust and faith in God. It starts with the man trusting that Jesus could heal his sick daughter. As they're traveling to the man's house, a meet a woman who has been suffering for a long, long time. She was considered an outcast, or an 'other', in her community as she was 'unclean' and poor. She was so confident in Jesus' power and strength that she didn't even ask Jesus to heal her, she just touched his clothing and she was healed! After Jesus found out who he had healed, he said "your faith has healed you"... that can be read as "your trust in me has healed you".
- **ASK** What does "our own understanding" mean? (from the daily verse)
- **SAY** Now while Jesus was healing this woman, the little girl he had originally set out to heal passed away. And her father told Jesus not to come over anymore, he'd lost hope and faith in Jesus to be able to still perform a miracle. But that didn't stop Jesus, he still went to the man's house and raised his daughter from the dead! Jesus was with them when they trusted in him And when they didn't. The man's 'own understanding' was that he knew what was best, he knew there was nothing that could be done to help his daughter anymore. He didn't leave any space for Jesus to act because he was so certain he couldn't.

- **ASK** Why do you think Jesus still helped the man, even when he didn't seem to think there was anything to be done?
- SAY God is there for us no matter what. We can trust in God to never leave our side, no matter what we do or say or think. Now sometimes we might not get what we want, and bad things can still happen in our lives... but we can find a peace knowing that God will never, ever, EVER leave your side.
- **ASK** What does trusting God mean to YOU?

ALLOW TIME FOR ANSWERS, ENCOURAGE EVERYONE TO THINK ABOUT HOW THEY COULD TRUST GOD MORE IN THEIR LIVES. END IN PRAYER, ASKING FOR HELP IN REMEMBERING TO TRUST IN HIM EVERY DAY AND THANKING GOD FOR ALWAYS BEING WITH US.

ACTIVITY

Trust Walks

Needed:

- At least one blindfold
- Set up an obstacle course outside or in a room in your house

Goal:

- One pair at a time, one person is going to try and guide their blindfolded teammate across the obstacle course while trying to run into the fewest obstacles as possible

Steps:

- Blindfold one member of a pair

- Someone who is not in the pair that is about to do the obstacle course should pick a place for the pair to try to get to during their turn. (Do this after the person has their blindfold on so that they don't know where to go before they start)

- The teammate who does not have the blindfold will guide their partner by directing them on where to go. They cannot stand next to or touch their teammate. They can only tell them directions.

*feel free to mix up the obstacle course and teams after a round or two

*The next couple pages are coloring or activity pages that you can print off if you're looking for more activities to do!

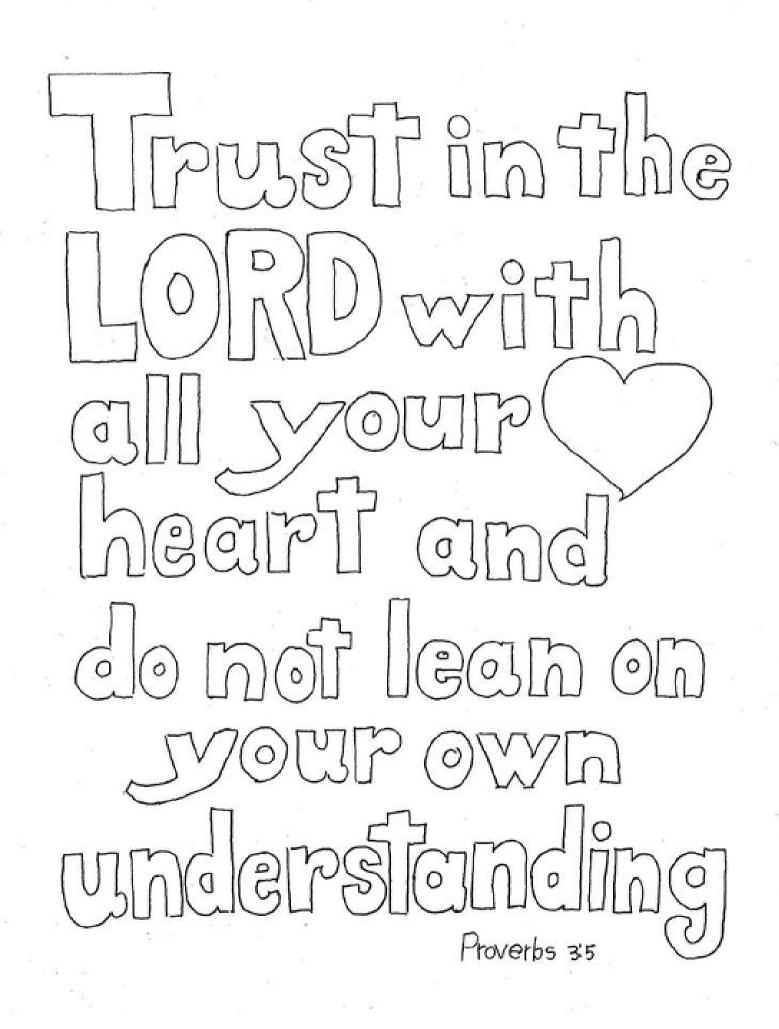
PARABLE OF THE BLEEDING WOMAN AND THE DYING GIRL

21 When Jesus had crossed again in the boat[a] to the other side, a great crowd gathered around him; and he was by the sea. 22 Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet 23 and begged him repeatedly, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live." 24 So he went with him.

And a large crowd followed him and pressed in on him. 25 Now there was a woman who had been suffering from hemorrhages for twelve years. 26 She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. 27 She had heard about Jesus, and came up behind him in the crowd and touched his cloak, 28 for she said, "If I but touch his clothes, I will be made well." 29 Immediately her hemorrhage stopped; and she felt in her body that she was healed of her disease. 30 Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?" 31 And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?'" 32 He looked all around to see who had done it. 33 But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. 34 He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

35 While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" 36 But overhearing[b] what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." 37 He allowed no one to follow him except Peter, James, and John, the brother of James. 38 When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. 39 When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." 40 And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. 41 He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" 42 And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement.





Trust

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3:5	PROVERBS	UNDERSTANDING	OWN
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