Sunrise/Sunset

We are living in a fast paced world. Many demands are upon us between balancing our work demands and family lives. Sometimes we can be stuck in the mundane routines of life and not take time to really appreciate the beauty that occurs around us. When was the last time you enjoyed a sunrise or sunset? A sunrise can be a reminder of the new beginnings that each day brings. It can be a time for us to thank God for the new start or new opportunity to make a positive difference in the world we live in. Each day is a gift given to us. The sunset can be a chance to thank God for the completeness of another day. The sunset is a great reminder for us to rest and reset our hearts and minds at the end of each day. The beauty and power that both a sunrise and sunset have is amazing. Both the sunrise and sunset bring different views to how the sky looks. Only God could bring us such

beauty, peace, and comfort at each sunrise and sunset.

Prayer: Dear God, We thank you for the sunrise and the gift of life that each day brings. We thank you for the opportunities that lay before us each day to make a positive difference in our world. Thank you also for the sunset that symbolizes the completeness of another day. Help us to take time to appreciate the beauty that both of these natural wonders present to us each day. Amen.



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